BRUNCH

Served Daily until 14:30, gluten free bread available

Granola	6
yoghurt, fruit compote (v)	-
Coconut Porridge	6
fruit Compote, dairy free coconut milk (ve)	
Sourdough Toast butter, jam selection (v)	4.5
Toasted Tea Loaf	4
butter, jam selection (v)	
Two American Pancakes with -	
just maple syrup (v)	6
nutella, vanilla cream (v)	7
bacon, scrambled egg, maple syrup	9
Toasted Sourdough with -	
creamed mushrooms, spinach,	
roasted garlic, walnut oil (v)	8.5
smashed avocado, chillies, fresh lime,	0.5
poached egg (v)	•
	9
smoked salmon, cream cheese roasted red peppers	10
homemade BBQ pulled pork, raw slaw,	
BBQ sauce	10
rarebit, Yorkshire cheddar, bacon,	9
Hendersons, mustard	
eggs, poached, fried or scrambled (v)	7
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Bacon OR Sausage Sandwich	6
(spelt or granary roll)	6
(spelt or granary roll) Eggs Benedict	6 9.5
(spelt or granary roll) Eggs Benedict smoked bacon, poached eggs, hollandaise	9.5
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sourdough toast (ve)



Boost Your Brunch add bits to your brekkie	
Smoked Salmon, bacon, sausage,	
avocado, halloumi	2
Everything else foodwise	1.
Glass of Prosecco	5
Glass of Champagne	8
Fully loaded Bloody Mary (double vodka)	10
House spiced tomato juice, celery, pickles, bo	icon
and spicy crisps	
Virgin Mary	5
Red snapper (double Whitakers gin)	10
Mimosa (Prosecco, orange juice)	5

KIDS BRUNCH

Scrambled eggs on toast (v)

Cheese on toast (v)

Available until 14:30 Fledgling works - bacon, sausage, egg any way, One American pancake with: Just maple syrup Australia and Vanilla cream 5 home baked beans, toast Soft boiled eggs, soldiers (v) 4 Beans on toast (v) 4

LIGHT BITES

Served daily from 1200. Gluten free bread available

Super Soup of the day with sourdough	6
Sharing Board for 2	17.5
cold meats, feta, olives, roasted peppers, balsam	ic
and sourdough	
Salads	
all with rocket, spinach, pea shoots, toasted seeds and h	ouse
dressing	
Halloumi, citrus, pomegranate, pine nuts (v) (gf)	11
Super food, krispy kale,pomegranate, seeds,	
cucumber, cherry tomatoes (ve) (gf)	10.5
Feta & olive, tomato (v) (gf)	10.5
Bang bang chicken, peanuts, chillies (gf)	12

Sandwiches

Available in granary roll, spelt roll (contains honey) or tortilla wrap.

Served with rocket & spinach salad and rawslaw

Smoked salmon, rocket & cream cheese	9.5
Chicken, ajika mayo, rocket	9
Halloumi, raosted pepper & rocket (v)	9
Hummus, roasted root veg, rocket (ve)	8.5
BBQ pulled pork, raw slaw (served hot)	9.5
BBQ pulled jackfruit, red pepper (served hot) (ve)	9.5

PIZZAS

Served daily from 1200. Gluten free pizza bases (1 supplement) Vegan cheese (1 supplement)

vegan cheese (1 supplement)	
The same of the sa	WHOLE / HALF
Garlic Pizza	7/5
garlic butter, parsley, oregano (v)	The State of the S
Cheesy Garlic Pizza	9/6
as above with mozzarella (v)	
Benchmark	10 / 7
mozzarella, tomato sauce (v)	
Popeye & Olive	11/8
spinach, olives, roasted peppers, re	d onion (v)
Forest	11/8
mushrooms, roasted peppers (v)	
Alright Jack	11.5 / 8.5
vegan cheese, BBQ pulled jackfruit	
roasted peppers (ve)	
Heidi	12/9
goats' cheese, courgette, pesto, pin	e nuts
White Men Can Jerk	12/9
jerk chicken, red onion	
Ham & Egg	11.5 / 8.5
prosciutto ham, egg	
Firestarter	12/9
spicy pepperoni, Nduja salami, fresl	n chillies
Low & Slow	12/9
BBQ pulled pork, roasted peppers,	BBQ sauce
Meat Sweats	13 / 10

meatballs, BBQ chicken, chorizo, hot sauce



Pimp your pizza

extra toppings on any of the pizzas -Veg 1 each Meat 1.5 each

ASK US WHAT OUR CURRENT EXCITING PIZZA SPECIAL IS!

Fries & Sides all gf

Philly fries, BBQ pulled pork,	
mozzarella, sliced pickles	7.5
Jacked fries, fries, vegan BBQ pulled jackfruit, vegan cheese (ve)	7.5
Meaty poutine, (fries, cheese curd, meat gravy)	6.5
Veggie poutine, (fries, cheese curd, veg gravy) (v)	6.5
Posh fries, parmesan, truffle oil	6.5
Salt & pepper fries, dried chillies, ajika dip (ve)	6
Sweet potato fries, ajika dip <i>(ve)</i> Halloumi fries, pomegranate, mint,	6
coriander, yogurt (v)	6
Fries (ve)	5
Raw slaw, carrots, red onion, cabbage (ve)	4
Rocket, spinach, krispy kale & peashoot salad (ve)	4.5
Sauces/dips BBQ, BBQ (ve), Ajika dip (ve), hot sauce (ve)	0.5

SOMETHING SWEET

granola

Croissant/Pain au Chocolat

Affogato Under Milk Wood double espresso, Northern Bloc Madagascan vanilla ice cream	6
Chocolate Brownie Northern Bloc Madagascan vanilla ice cream Northern Bloc ice cream Madagascan vanilla (also available vegan) Chocolate & sea salt	6
2 Scoops 3 Scoops	4 5
Coopers Cakes & Bakes Brownies, rocky road, caramel slice, mars slice,	

3.25

1.75